

Date	Time	Class	Instructor
31-Oct	8:00 PM	Functional Workout	Olga
1-Nov	9:00 PM	Dance Workout	Thiago
2-Nov	9:00 PM	HIIT	Carlos
3-Nov	9:00 PM	Aerobics	Alex
4-Nov	9:00 PM	TUFF	Soudi
5-Nov	9:00 PM	Bollywood	Mauricio
6-Nov	8:00 PM	Body Combat	Rodrigo
7-Nov	8:00 PM	Body Balance	John Fernando
8-Nov	9:00 PM	Body Attack	Bruno
9-Nov	9:00 PM	Barre by Les Mills	Talia
10-Nov	9:00 PM	BBB	Omama
11-Nov	9:00 PM	Body Combat	Rio
12-Nov	9:00 PM	Dance Workout	Lusi
13-Nov	8:00 PM	Functional Workout	Nuno
14-Nov	8:00 PM	Body Attack	Catarina
15-Nov	9:00 PM	Salsa	Alex

Date	Time	Class	Instructor
16-Nov	9:00 PM	Tabata	Rachel
17-Nov	9:00 PM	Stick Mobility	Cesar
18-Nov	9:00 PM	XFIT	Alex
19-Nov	9:00 PM	Pilates	Victoria
20-Nov	8:00 PM	Yoga	Alina and Christina
21-Nov	8:00 PM	Pilates	Sonia
22-Nov	9:00 PM	BBB	Andreia
23-Nov	9:00 PM	Body Combat	Maryam
24-Nov	9:00 PM	Tabata	Marcos
25-Nov	9:00 PM	BBB	karoline
26-Nov	9:00 PM	Dance Workout	Nada
27-Nov	8:00 PM	HIIT	Isidora
28-Nov	8:00 PM	CORE	Fatma
29-Nov	9:00 PM	XFIT	Pamela
30-Nov	9:00 PM	Attack + TUFF + Tabata + Dance	Jelena , JD , Okinari, Dana